

Chapter 7: Overcoming Problems and Difficult Situations

1) Consider all trials as opportunities for personal growth.

1. How do I view trials?
2. How can I obey God's call to face trials with a spirit of joy?
3. What was the last major problem/trial I faced? How did I handle it? How can I better handle serious challenges?

2) Tackle every problem or difficult situation with the confidence that God can help.

1. Do I trust that God will bring me through all situations?
2. What does it look like for me personally to adopt an attitude of confidence in Him and never give up?

3) Be courageous when facing fear and discouragement.

1. Do I face my fears?
2. Do I carry out my responsibilities with an awareness of God's presence and help?

3. What can I do to keep myself from becoming discouraged?

4. What can I do to overcome fear and discouragement?

4) Fight discouragement and never give up—by looking to God daily.

1. What can I do to strengthen my inner person?

2. How can I focus more on what God is focused on?

5) Overcome unhealthy anxiety by following God's counsel: Pray about everything.

1. Is my first response to pray about my cares and concerns, or to worry and fret about them?

2. What are some current anxieties I need to pray about?

3. Do I know what it is to have the peace of God?

6) Turn over the burdens of your business or position to God when they are too heavy for you to bear.

1. What are some current burdens I need to give to God?
2. Do I trust God enough to commit my troubles to Him?
3. Do I see God as a God who wants to carry my burdens for me?

7) Turn to Christ when you are weary and heavily burdened.

1. Do I give up when I am weary, or do I turn to Christ?
2. Why does Christ openly invite me to come to Him when I am weary and heavily burdened?
3. When was a time I experienced Christ renewing my strength? His Spirit empowering me?

8) Resolve to press on through every challenge, no matter how difficult.

1. Do I ask God regularly for a spirit of endurance?

2. How does a spirit of endurance reveal itself in my life?

9) Overcome crushing problems by looking to the future.

1. Do I focus on the joy that will come at the end of my trial?

2. What do I tend to focus my eyes on other than Jesus?

10) Remember your reward when you face persecution.

1. How does my faith affect my business practices?

Has it ever caused me trouble with non-believers?

2. Christ commands us to rejoice and be glad amidst persecution, how do I feel about this? How can I better follow this command?

11) Know that no trial or trouble can separate you from God's love.

1. Do I let this fact encourage me?

2. What can I do to be ever conscious and convinced of this truth?